

# **Loughborough University Alcohol, Drug and Substance Misuse Policy (Students)**

## **Document Version Control**

**Version**

**3**

# Loughborough University Alcohol, Drug and Substance Misuse Policy (Students)

## 1. Introduction

- 1.1. The University is committed to safeguarding the health, safety and welfare of its students, and accepts its responsibility to promote and support good health by raising awareness of the risks of alcohol, drug and substance misuse.
- 1.2. The University is also committed to ensuring clean sport, as set out in its [Athlete Clean Sport Commitment Statement](#), its [Clean Sport Commitment](#) and its statements around anti-doping as set out in its [Performance Lifestyle webpage](#).
- 1.3. We respect the privacy of our students. However, the University will look to take appropriate action where a student's, or group of students', behaviour impairs their safety, conduct, academic progress and/or adversely affects other students, staff, campus life or the wider community.
- 1.4. This policy is complemented by other University policies, procedures and agreements, including, but not limited to:
  - [Ordinance XVII on the Conduct and Discipline of Students](#)
  - [Regulation VIII on the Residence of Undergraduate and Postgraduate Students in the University](#)
  - [Regulation XIX on Hall Committees](#)
  - [Halls of Residence Licence Terms and Conditions](#)
  - [University Health and Safety Policy](#)
  - [Athlete Clean Sport Commitment Statement](#)
  - [Loughborough University Clean Sport Commitment](#)

## 2. Scope of the policy

- 2.1. The policy applies to all registered students – undergraduate, postgraduate taught and postgraduate research – whether they be on University premises (in the East Midlands or London) or elsewhere on University business or study-related activities (including placements). This includes premises managed on behalf of the University by a third party, such as privately managed halls of residence or Loughborough University properties off campus.
- 2.2. Loughborough University will work with Loughborough Students' Union (LSU) to support its policy aims in this area.
- 2.3. The policy covers the misuse and use of a wide range of substances, including the misuse of prescription drugs (including so-called 'study drugs'), the use of psychoactive substances and the use of illegal drugs as specified in the Misuse of Drugs Act (1971), the Medicines Act (1968) and the Psychoactive Substances Act (2016) and the National Anti-Doping Policy (2009).

## 3. Terminology

- 3.1.

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### **4. Aims of the policy**

The aims of this policy are to:

- 4.1. Outline students' responsibilities under the University's regulations as well as the University's commitments in this area;
- 4.2. Promote health and wellbeing in relation to alcohol consumption, including supporting health promotion activity in conjunction with Loughborough Students Union (LSU) where appropriate;
- 4.3. Support the University's commitments to promote clean sport;
- 4.4. Inform students about support available to them and about the potential consequences of alcohol, drug or substance misuse;
- 4.5. Encourage individuals with alcohol-, drug- or substance-related issues to seek help and to identify the support offered by the University to students in recovery;
- 4.6. Outline how students or staff with concerns for a student's wellbeing in relation to their use of alcohol, drugs or substances can report those concerns.

### **5.**

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enhancing drugs impacts on the safety and/or wellbeing of themselves, other students and staff, members of the local community, or otherwise brings the University into disrepute (regardless of whether such incidences occur on University premises). We remind students that possession of illegal substances is a criminal offence and that possession with intent to supply is a more serious offence.

5.8. Where students come forward and disclose drugs or substance misuse in a

6.2.8.

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<https://www.talktofrank.com/get-help/what-to-do-in-an-emergency>

<https://drugaware.com.au/getting-the-facts>

- Student Wellbeing :  
<https://www.lboro.ac.uk/services/student-services/support/healthandwellbeing/selfhelp/>
- University Medical Centre:  
<http://www.lborounimedicalcentre.co.uk/>
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